



Asian Pacific American Women Lawyers Alliance

**APAWLA**

*Presents*

**1 HOUR MCLE\* PROGRAM**

*re*

**SIGNS AND SYMPTOMS OF SUBSTANCE  
USE AND MENTAL HEALTH ISSUES  
AMONG ATTORNEYS**

**Location:** Asian Americans Advancing Justice - LA  
1145 Wilshire Blvd., LA, CA 90017  
– Community Room

**Date:** Tuesday, July 23, 2019

**Time:** 12:00 noon to 1:00pm

**Cost:** \$15 for APAWLA Members | \$20 for Non-Members

Lunch will be served. Tickets available for purchase at [www.apawla.org](http://www.apawla.org).  
RSVP: Beti Bergman at [bbergman@peninsula.law](mailto:bbergman@peninsula.law)

*Learn about:*

1. How prevalent substance use and mental health issues are among law students and attorneys.
2. How substance use and mental health impair an attorney's ability to perform legal services competently.
3. The signs and symptoms of addiction, depression, anxiety, and stress.
4. The Lawyer Assistance Program and other resources.

*\*This program will qualify for 1 hour of MCLE credit for Competence Issues pending State Bar approval.*

Speaker: Lita Abella, J.D.  
Senior Program Analyst at State Bar of California